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## **OUR PRODUCTS**











## Verte

For a healthy digestive system, Increase your good bacteria, Ten-fold!

Verte - a prebiotic drink- not only promotes good intestinal health, its special blend of natural ingredients offer these benefits as well:

- · Maintains optimal intestinal environment
- · Aids digestion and absorption of minerals
- Improves bowel movement, prevents constipation
- Relieves bloating and indigestion
- · Smoothens skin condition
- · Strengthens immune system
- Restores body's pH balance

# SGD \$79.90

Contents - 30 sachets x 5.5 g

QUANTITY 1

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# **Healthy Recipes**

- ABC Juice
- Green Hotcakes
- Pandan Chiffon Cake
- Simply Delicious Agar



## Chlorella Facts

Read about chlorella's beneficial effects to your health.

LEARN MORE >



NUTRITION INFORMATION BENEFITS RECOMMENDED INTAKE

# **About The Human Gut**

The human gut or gastrointestinal tract is home to some 500 species of good and bad bacteria. Good bacteria regulates the proper functioning of your gut, synthesizes vitamins, and prevents growth of bad

Daily lifestyle factors such as stress, poor dietary habits, excessive antibiotic use, and aging may upset the delicate balance of good and bad bacteria in our colon.

More bad bacteria in your colon can lead to constipation and weakening of your immune system. An excessive spread of bad bacteria is very harmful as they produce toxins and carcinogens that may cause multiple organ failure, colon cancer, and inflammatory bowel diseases (IBD).

## Prebiotics Keep Your Gut Healthy

Verte is a unique prebiotic drink that contains a mixture of oligosaccharide and chlorella powder. This special beverage helps to maintain an optimal intestinal environment by improving digestion and enhancing the absorption of minerals like calcium and magnesium.

Chlorella is rich in chlorophyll and is a powerful detoxifier of heavy metals, alcohol, and environmental pollutants. Chlorella also helps to restore the pH balance in our body.

Researchers have proven that a daily intake of prebiotics (5g) for four weeks will increase good bacteria by

\*\*Bouhnik et al. \*Prolonged administration of low-dose inulin stimulates the growth of bifidobacteria in humans", Nutrition Research, 2007;27 (4): 187-193